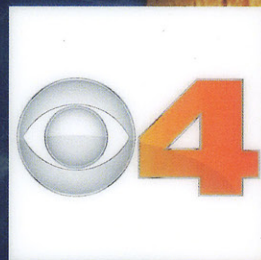




AS SEEN ON



H & F  
— BY —  
HAND & FORK

1617 Wheeling Ave,  
Muncie, IN 47303

**765-896-8717**

[www.byhandandfork.com](http://www.byhandandfork.com)

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By Hand & Fork



# EGG BREAKFASTS

Served with Toast, options are White, Wheat, Rye, Sourdough or Texas,  
(Upgrade to an English Muffin, or Cinnamon Raisin toast for an additional 49¢),  
or Pancakes or French Toast and choice of Hash Browns, Fresh Fruit or Oatmeal.

\*Substitute Egg Whites - 1.49 extra

## ADD ONS TO PANCAKES or FRENCH TOAST:

Add Fruit Topping - 2.99 or make it signature with Honey Bear, PB Lover's,  
S'mores or Strawberry & Banana Paradise - 4.49  
Chocolate Chips - 1.99

## ADD ONS TO HASH BROWNS:

**HILLBILLY:** Add Onions, Peppers, Cheddar & Sausage Gravy - 2.99

**SPICY:** Add Onions, Peppers, Jalapeño & Pepperjack - 2.99

### \*ONE FARM FRESH EGG

Cooked just the way you like - 7.99

With Sausage Patties or Links - 9.99

With Bacon or Turkey Bacon - 10.49

### \*TWO FARM FRESH EGGS

Cooked just the way you like - 8.49

With Sausage Patties or Links - 10.49

With Bacon or Turkey Bacon - 10.99

**HAND AND FORK BREAKFAST SANDWICH** Meat, Cheese & Egg - 6.99

## FOR THE HUNGRIER CROWD

Served with Two Eggs\* any style, Toast, options are White, Wheat, Rye, Sourdough or Texas,  
(Upgrade to an English Muffin, or Cinnamon Raisin toast for an additional 49¢),  
or Pancakes or French Toast and choice of Hash Browns, Fresh Fruit or Oatmeal.

\*Substitute Egg Whites - 1.49 extra

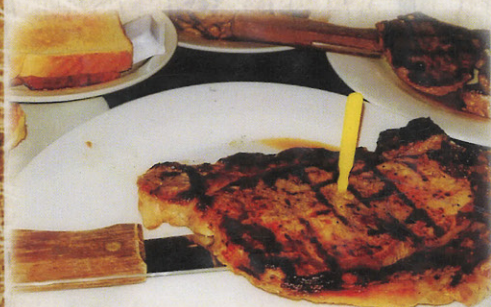
## ADD ONS TO PANCAKES or FRENCH TOAST:

Add Fruit Topping - 2.99 or make it signature with Honey Bear, PB Lover's,  
S'mores or Strawberry & Banana Paradise - 4.49

## ADD ONS TO HASH BROWNS:

**HILLBILLY:** Add Onions, Peppers, Cheddar & Sausage Gravy - 2.99

**SPICY:** Add Onions, Peppers, Jalapeño & Pepperjack - 2.99



### \*RIBEYE STEAK

12oz. Choice Ribeye Steak - 20.99

### \*GRILLED PORK CHOP

8oz. of pure yumminess - 13.99

### \*CHOPPED STEAK

8 oz. Chopped Steak served  
how you like it - 12.99

### \*FILET MIGNON TIPS

With sautéed onions and  
mushrooms - 14.99

### \*CORNED BEEF HASH

A taste of Ireland - 11.99

### \*COUNTRY HAM STEAK

Oh so good! - 13.99

### \*AUTHENTIC PORK GYRO MEAT

No processed meat here.  
Properly prepared and seasoned  
Greek style - 11.99

### \*SMOKED SAUSAGE

Old Southern favorite! - 10.99



### \*COUNTRY FRIED STEAK

Covered in sausage gravy - 13.99



### \*ITALIAN SAUSAGE

Just like in "the old country" - 10.99

### \*GRILLED CHICKEN TENDERS

Juicy, tender goodness - 10.99

## BISCUITS & GRAVY

**HALF ORDER** - 5.99

### \*COMBO

Bring your appetite with this one! Comes with a full order of Biscuits & Gravy with two eggs  
and your choice of two sausage links, one sausage patty or two strips of bacon - 10.99

**FULL ORDER** - 7.99

### HOCKERSMITH HAYSTACK

Half order of biscuits and gravy, hash browns and choice of two eggs - 10.49



# SKILLETS

Topped with two eggs\* any style, served with Toast, options are White, Wheat, Rye, Sourdough or Texas, (Upgrade to an English Muffin, or Cinnamon Raisin toast for an additional 49¢), or Pancakes or French Toast.

\*Substitute Egg Whites - 1.49 extra

## ADD ONS TO PANCAKES or FRENCH TOAST:

Add Fruit Topping - 2.99 or make it signature with Honey Bear, PB Lover's, S'mores or Strawberry & Banana Paradise - 4.49



### \*GREEK SKILLET

Authentic pork gyro meat, no processed meat here. Properly prepared and seasoned Greek style with onions, peppers, tomatoes and Feta cheese. Delicious! - 11.99

### \*COUNTRY FRIED STEAK SKILLET

Covered in sausage gravy and cheddar cheese - 13.99

### \*VEGETARIAN SKILLET

For the veggie lovers out there! Mushrooms, tomatoes, onions, green peppers and cheddar cheese - 10.99

### \*SMOKED SAUSAGE SKILLET

Onions and peppers smothered in mozzarella cheese - 10.99

### \*CHICKEN FAJITA SKILLET

With tomatoes, onions, peppers and cheddar cheese! - 11.99

### \*CORNED BEEF HASH SKILLET

An Irish favorite that's topped with onions, peppers and mozzarella cheese - 10.99



### \*MEAT LOVER'S SKILLET

We hope you carnivores are hungry! Loaded with ham, sausage, bacon and cheddar cheese - 10.99

### \*ITALIAN SKILLET

Italian sausage, mozzarella cheese, onions and green peppers - 10.99

### \*EGGS IN A SKILLET

Topped with mozzarella and cheddar cheese - 9.99

# EGGS BENEDICTS

Served with Hash Browns or Fresh Fruit.

## ADD ONS TO HASH BROWNS:

**HILLBILLY:** Add Onions, Peppers, Cheddar & Sausage Gravy - 2.99

**SPICY:** Add Onions, Peppers, Jalapeño & Pepperjack - 2.99



### \*SMOKED SALMON EGGS BENEDICT

Layered with salmon, spinach and tomato, topped with hollandaise sauce, sprinkled with dill - 14.99

### \*COUNTRY HAM EGGS BENEDICT

Traditional style eggs Benedict with a thick slice of country ham topped with hollandaise - 14.99

### \*SMOKED BBQ BRISKET EGGS BENEDICT

BBQ brisket layered with sweet corn and topped with BBQ hollandaise sauce - 14.99



### \*FILET MIGNON EGGS BENEDICT

Layered with sautéed onion and mushrooms topped with hollandaise sauce - 14.99



### \*SPINACH, TOMATO, & MOZZARELLA EGGS BENEDICT

Layered with spinach, tomato and mozzarella topped with hollandaise sauce - 11.99

### \*FRIED GREEN TOMATO & BACON EGGS BENEDICT

Layered with fried green tomatoes and bacon, topped with basil balsamic hollandaise sauce - 14.99

### \*SPICY CHIPOTLE BRISKET EGGS BENEDICT

Smoked brisket layered with jalapeños and pepper jack cheese, topped with hollandaise sauce - 14.99



# OMELETTES

All omelettes are served with Toast, options are White, Wheat, Rye, Sourdough or Texas, (Upgrade to an English Muffin, or Cinnamon Raisin toast for an additional 49¢), or Pancakes or French Toast and choice of Hash Browns, Fresh Fruit or Oatmeal.

\* Substitute Egg Whites - 1.49 extra

## **ADD ONS TO PANCAKES or FRENCH TOAST:**

Add Fruit Topping - 2.99 or make it signature with Honey Bear, PB Lover's, S'mores or Strawberry & Banana Paradise - 4.49

## **ADD ONS TO HASH BROWNS:**

**HILLBILLY:** Add Onions, Peppers, Cheddar & Sausage Gravy - 2.99

**SPICY:** Add Onions, Peppers, Jalapeño & Pepperjack - 2.99

## **BY HAND & FORK SPECIALTY INTERNATIONAL OMELETTES**



### **THE MEDITERRANEAN**

Authentic pork gyro meat, no processed meat here. Properly prepared and seasoned Greek-style and feta inside, topped with gyro meat, tomato, red onion and drizzled with traditional Greek tzatziki sauce - 11.99



### **ROMAN**

Seasoned grilled chicken and mozzarella topped with more grilled chicken, tomato and spinach. Drizzled with Alfredo sauce - 11.99



### **THE ALL-AMERICAN**

Filled with decadent hamburger, and American cheese, topped with tomato, pickle, onion and even more decadent hamburger then drizzled with ketchup and mustard! - 11.99



### **SOUTH OF THE BORDER**

Amazing chorizo sausage, pepperjack cheese, onion, and green pepper. Topped with even more chorizo sausage, tomatoes and jalapeños and drizzled with queso blanco - 11.99



### **TEXAS BBQ BRISKET**

Tender brisket, onions and green peppers and pepper jack topped with more brisket and sweet corn. Drizzled with BBQ sauce - 11.99



### **LUCK OF THE IRISH**

Corned beef with Swiss cheese, topped with even more corned beef; tomato and spinach drizzled with hollandaise - 11.99



### **TOUR OF ITALY**

Succulent Italian sausage, green peppers, onions and mozzarella topped with more Italian sausage, spinach and marinara - 11.99

## **TRADITIONAL OMELETTES**

### **MEATLOVER'S**

Ham, sausage, bacon and American cheese - 10.99

### **SAUSAGE & CHEESE**

Savory sausage with American cheese - 10.99

### **HAM & CHEESE**

Ham with American cheese - 10.99

### **BACON & CHEESE**

Hickory smoked bacon with American cheese - 10.99

### **HOUSE**

Ham, mushrooms, onion, green peppers and American cheese - 10.99

### **THREE CHEESE**

Swiss, American and Cheddar cheese - 10.99

### **MUSHROOMS & SWISS**

Mushrooms with aromatic Swiss cheese - 10.99

### **SPINACH & FETA**

Yummy! - 10.99

### **VEGETARIAN**

Green peppers, onions, tomatoes and mushrooms - 10.99

### **BUILD YOUR OWN OMELETTE**

Start with any three of the following ingredients - 10.99 Then add your favorites for an additional 99¢ each

#### **MEATS**

Ham • Sausage • Bacon

#### **VEGETABLES**

Tomatoes • Green Peppers  
Mushrooms • Spinach  
Onions

#### **CHEESE**

Swiss • Cheddar • Pepper Jack  
Mozzarella • American • Feta



# HOT OFF THE GRIDDLE

## FRENCH TOAST

## PANCAKES

## BELGIAN WAFFLE

Served with warm maple syrup - 7.99

With choice of specialty topping - 9.99

Strawberry • Cinnamon Apple • Banana • Blueberry • Pecans

Chocolate Chips - 1.99

----- OR -----

\*With choice of Sausage Patties, or Links - 9.99

\*With Bacon, Turkey Bacon, Ham Steak, Corned Beef Hash, Polish Sausage or Italian Sausage - 10.99

## BY HAND & FORK SIGNATURE GRIDDLE FEATURES



### HONEY BEAR

(For Pancakes, French Toast or Belgium Waffle) Drizzled in honey, sprinkled in pecans and topped with bananas. Dynamite! - 10.99

### PEANUT BUTTER LOVER'S

(For Pancakes, French Toast or Belgian Waffle) Layered with creamy peanut butter, drizzled with white and dark chocolate, topped with Reese's Peanut Butter cups! Yummm! - 10.99



### STRAWBERRY & BANANA PARADISE

(For Pancakes, French Toast or Belgium Waffle) Loads of strawberries and bananas, layered with cream cheese and drizzled with white and dark chocolate. Delicious! - 10.99



### OUR SIGNATURE CHICKEN & WAFFLE

- A BY HAND & FORK FAVORITE -  
Belgian Waffle and  
hand breaded chicken tenders - 13.99

### CARROT CAKE WAFFLE

Yep! You read it right! We mix the batter and put it right into the waffle iron! We serve it along with our Orange Marmalade-Strawberry butter! A definite must have! - 9.99

### S'MORES

(For Pancakes, French Toast or Belgium Waffle) Delightful graham cereal drizzled with marshmallow sauce and Hershey's chocolate syrup - 10.99

## BREAKFAST SIDE ITEMS

**SAUSAGE PATTIES \*** - 4.49

**SAUSAGE LINKS \*** - 4.49

**BACON \*** - 4.99

**TURKEY BACON \*** - 4.99

**ITALIAN SAUSAGE \*** - 4.99

**SMOKED SAUSAGE \*** - 4.99

**HAM STEAK** - 5.49

**SIDE OF CORNED BEEF HASH** - 5.49

**SIDE OF SAUSAGE GRAVY** - 1.99

**1 EGG \*** (Any Style) - 1.99

**2 EGGS \*** (Any Style) - 2.99

**HASH BROWNS** - 3.99

**FRESH FRUIT CUP** - 4.99

**BISCUIT** - 2.99

**RAISIN TOAST** - 3.49

**ENGLISH MUFFIN** - 3.49

**SIDE OF PANCAKES (2)** - 4.99

**SIDE OF FRENCH TOAST (1PC.)** - 4.99

**OLD FASHIONED OATMEAL** Bowl - 4.99

**OATMEAL WITH TOAST** - 5.99

Add Fresh Blueberries, Bananas, Strawberries or Pecans For 99¢ Each

**TOAST** White, Wheat, Texas, Sourdough Or Rye - 2.99

**SIDE OF HILLBULLY HASHBROWNS** - 6.99

**SIDE OF SPICY HASHBROWNS** - 6.99

\* Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risks of foodborne illness.  
+ Prices and items are subject to change.



# - LUNCH MENU -

## STARTERS

### **QUESADILLAS CHEESE** - 7.99

**CHICKEN & CHEESE** - with onions,  
green peppers and tomatoes.  
Garnished with lettuce, tomato  
and sour cream - 9.99

**FRIED GREEN TOMATOES** - 8.99

**CHIPS & QUESO** - 7.99

### **BONELESS WINGS**

Tender pieces of juicy chicken breasts  
deep fried and dipped in our  
Signature BBQ sauce or in a  
mild Buffalo sauce - 8.99

### **GRANDE NACHOS**

Crisp tortilla chips covered in  
seasoned taco meat, cheddar cheese,  
lettuce, tomato and jalapeño - 8.99



## SALADS

You may exchange Salad Greens for Spinach for a 1.99 up-charge.

### **SOUP & SALAD**

A bowl of one of our homemade soups  
and side salad - 8.99

Loaded with Bacon, Egg and  
Shredded Cheese - 1.50

### **CHEF SALAD**

Mixed greens topped with ham,  
turkey, red onions, Swiss and  
American cheese, egg, tomato,  
cucumber and croutons - 11.99

### **CHICKEN TENDERS SALAD**

Fried or grilled chicken over mixed  
greens topped with egg, tomato,  
cucumber, red onions, shredded  
cheddar cheese and croutons - 11.99



### **TACO SALAD**

Mixed greens, seasoned taco meat,  
cheddar cheese, tomato, red onions,  
topped with chips. Served with sour  
cream and salsa - 11.99

### **BBQ CHICKEN SALAD**

Mixed greens, marinated grilled  
or fried chicken tenders, mozzarella  
cheese, corn, tomatoes, cucumbers,  
red onions, croutons and crunchy  
tortilla chips. Salsa and sour  
cream upon request - 11.99



### **GREEK SALAD**

Mixed greens topped with egg,  
tomato, cucumber, red onions,  
feta cheese, Kalamata olives  
and croutons - 11.99

Add Gyro Meat properly prepared  
and seasoned Greek-style or  
Grilled Chicken - 4.99

## BOWL OF HOMEMADE SOUP

Ask your server for today's Soup of the Day selection.

**CHICKEN & RICE • LOADED BAKED POTATO • VEGETABLE**

4.99

**SEASONAL CHILI** - 5.99

Cheese and onion upon request at no charge.

## FRESH FRUIT

### **FRESH FRUIT PLATE**

Assorted fresh seasonal fruit  
served with cottage cheese  
and raisin toast - 11.99



### **LITE & FRESH**

Assorted fresh fruit served with  
cottage cheese and raisin toast and  
choice of one of the following:  
8oz. Chopped Steak • Chicken Salad  
Grilled Chicken Tenders - 12.99

## MANHATTANS

Served open faced with Mashed Potatoes and Gravy as well as one of the following sides:

Soup, Applesauce, Mashed Potato & Gravy, Corn or Green Beans.

Substitutions: Side Salad - 2.99 • Cottage Cheese - 2.99 • Cup of Fresh Fruit - 2.99 • Mac & Cheese - 2.99

**TURKEY** - 10.99

**BEEF** - 10.99



# SANDWICHES

All Sandwiches, Burgers & Wraps served with Choice of one of the following sides: Soup, Applesauce, Mashed Potato & Gravy, Corn or Green Beans. Lettuce, Tomato, Pickle, Onion upon request.  
Substitute for Side Salad - add 2.99 • Cottage Cheese - 2.99 • Cup of Fresh Fruit - 2.99 • Mac & Cheese - 2.99



## GYRO

Authentic pork gyro meat, no processed meat here. Properly prepared and seasoned Greek style, with onion, tomato and Tzatziki sauce...Delicious! - 8.99

## BBQ BEEF

Sweet and spicy BBQ sauce tops this low and slow cooked favorite - 8.99

## BBQ BEEF BRISKET

Topped with pepperjack served on a sesame bun - 9.99

## WILD CAUGHT CATFISH SANDWICH

Best fried catfish around on a sesame bun with tartar sauce - 9.99

## CORNEBEEF & SWISS

Succulent corned beef on grilled rye with Swiss - 9.99

## CHICKEN TENDERS SANDWICH

Grilled or fried chicken served on a sesame bun - 8.99

## CLUB CHICKEN SANDWICH

Chicken tenders, fried or grilled, Swiss cheese and applewood bacon served on a sesame bun - 9.99

## CHICKEN SALAD SANDWICH

Served on toasted white bread - 8.99

## TURKEY MELT

Roasted turkey slices and ham with scrumptious Swiss cheese on grilled rye - 8.99

## B.L.T.

Applewood bacon, crisp lettuce and garden fresh tomato - 7.99

## TURKEY B.L.T.

Classic B.L.T. with oven roasted turkey - 8.99



## BREADED PORK TENDERLOIN

An Indiana Favorite - 9.99

## GRILLED CHEESE

Comforting melted goodness - 7.99

## GRILLED BACON & CHEESE

Applewood bacon and American cheese - 8.99

## GRILLED HAM & CHEESE

Oven baked ham and American cheese - 8.99

## MONTE CRISTO

Oven roasted turkey and succulent ham with Swiss cheese on French toast bread - 9.99

# BURGERS

All burgers are charbroiled. Lettuce, tomato, pickle and onion upon request.

## \*HAMBURGER - 7.99

## \*BACON CHEESEBURGER

Applewood bacon and American cheese - 9.99

## \*BBQ RANCHER BURGER

Applewood bacon and aged cheddar with sweet and spicy BBQ...delicious! - 9.99



## \*CHEESEBURGER - 8.99

## \*MUSHROOM & SWISS BURGER

Flavorful sautéed mushrooms and gooey Swiss - 9.99

## \*THE RISE & SHINE

Applewood bacon, fried egg and American cheese - 9.99

# WRAPS



## MEDITERRANEAN

Grilled chicken, feta, red onions, spinach, salad greens, tomato and Greek dressing - 9.99



## ITALIAN WRAP

Grilled chicken, mozzarella cheese, spinach, tomato, red onions, salad greens and Caesar dressing - 9.99

## VEGGIE

Mozzarella, mushroom, red onions, spinach, salad greens, green pepper, tomato and Greek dressing - 9.49

# INDIVIDUAL SIDE ITEMS

## MASHED POTATO & GRAVY

(beef, chicken or country) - 3.99

## FRENCH FRIES - 2.99

## BUTTERED CORN - 3.99

## GREEN BEANS - 3.99

## MAC & CHEESE - 4.49

## SIDE SALAD - 4.49

(loaded with bacon, egg and cheese) - 1.50

## COTTAGE CHEESE - 2.99

## APPLESAUCE - 2.49

## BOWL OF SOUP - 4.99

\* Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risks of foodborne illness.  
+ Prices and items are subject to change.



# STEAKS, CHOPS, FISH, CHICKEN & MORE

All are served with your choice of any two sides unless otherwise noted.  
Upgrade side for a Cup of Fresh Fruit or Mac & Cheese - 2.99

**\*12 oz. RIBEYE - 20.99**

**LIVER AND  
ONIONS - 12.99**

**\*CHICKEN TENDERS**  
Fried or grilled to perfection - 13.99

**\*8oz. CHOPPED STEAK**  
Smothered in onions - 12.99

**WILD CAUGHT FRIED CATFISH DINNER**  
Best fried catfish around! - 15.99

 **\*GREEK PORK CHOPS**  
Two 8 oz. chops, flavored from Greece! - 17.99

**BREADED PORK TENDERLOIN**  
Accompanied with brown gravy - 10.99

## SENIOR MENU

For our friends 55 and older.

### BREAKFAST

#### \*MORNING RISE

One egg\* any style, choice of one pancake or toast, hash browns and choice of two strips of bacon, two sausage links or one sausage patty - 7.99

#### \*1/2 BISCUITS & GRAVY

Served with one egg\* any style - 7.99

#### \*WAFFLE COMBO

1/2 waffle served with choice of two strips of bacon\* or two sausage links - 7.99

### LUNCH

Comes with choice of one side.  
Upgrade side for a Cup of Fresh Fruit or Mac & Cheese - 2.99

**\*8oz. CHOPPED STEAK**  
Smothered in onions - 10.99

**WILD CAUGHT FRIED CATFISH - 11.99**

 **8oz. GREEK PORK CHOP - 11.99**

**\*CHICKEN TENDERS**  
Fried or grilled to perfection - 9.99  
**LIVER AND ONIONS - 9.99**

## BEVERAGES

^Free Refills

**^PEPSI PRODUCTS - 2.99**

**^ICED TEA - 2.99**

**^LEMONADE - 2.99**

**^HOT TEA - 2.79**

**^COFFEE - 2.79**

**^HOT CHOCOLATE - 2.79**

**CAPPUCCINO - 2.79**

**FRESH SQUEEZED OJ - 4.99**

**JUICE - 3.99**

Apple, Cranberry, Tomato

**ROOT BEER FLOAT - 4.99**

**MILK - 3.49**

Add Chocolate or  
Strawberry Flavor - .50

• • • Please ask to see our Alcohol menu. • • •

## KID'S MENU

Ages 12 and younger.

### BREAKFAST

#### \*1 EGG ANY STYLE

With hash browns, two slices of bacon\* or two sausage links and one slice of toast - 5.99

#### \*1/2 FRENCH TOAST

With two slices of bacon\* or two sausage links - 5.99

#### \*SILVER DOLLAR PANCAKES

With two slices of bacon\* or two sausage links - 5.99

### KID'S BEVERAGES

^Free Refills

**^Pepsi Products - 1.49 • ^Iced Tea - 1.49**

**^Lemonade - 1.49 • ^Hot Chocolate - 1.49**

**Fresh Squeezed OJ - 3.99**

**Milk - 1.99 Add Chocolate or Strawberry Flavor - .50**

### LUNCH

Comes with choice of one side.  
Side choices are French Fries, Soup, Applesauce,  
Mashed Potato & Gravy, Corn or Green Beans.  
Substitute for Side Salad - add 2.99  
Cottage Cheese - 2.99 • Cup of Fresh Fruit - 2.99  
Mac & Cheese - 2.99

**GRILLED CHEESE - 5.49**

**\*HAMBURGER - 5.99**

**\*CHEESEBURGER - 6.49**

**KRAFT WHITE MAC-N-CHEESE - 5.99**

**\*CHICKEN TENDERS - 6.99**

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